



## EMPowerplus™ Q96-M

EMPowerplus™ Q96-M\*\* is a proprietary formula of 36 vitamins, minerals, and amino acids—including the methyl forms of vitamin B12 and folate—that provides essential nutritional support to the brain and central nervous system for optimal brain health and function.\*

### The EMPowerplus™ Q96-M Advantage:

Because some people have difficulty processing B-vitamin folate, this proprietary formula includes the methyl forms of vitamin B12 and folate so everyone can enjoy the benefits of EMPowerplus™ Q96, which supports mood stability, mental clarity, and improved cognition and function.\*

### Features:

- A proprietary vitamin, mineral, and amino acid blend for the brain and central nervous system.\*
- Unique 96-hour micronization and nano-chelation process increases bioavailability for maximum nutrient uptake in the brain.\*
- Backed by scientific studies conducted at major universities in four countries, as well as research published in peer-reviewed journals.\*



**Suggested Use:** Take two capsules twice daily between meals. Store in a cool, dry place.

### KEY BENEFITS:

- Supports mood stability\*
- Improves cognition\*
- Enhances overall brain health\*
- Promotes Calming, Coping, and Clarity\*

\*\*EMPowerplus™ Q96-M is intended for those individuals who are not able to methylate and activate appropriately the B vitamins in their supplements or diet. In particular, EMPowerplus™ Q96-M should be used by those individuals that suffer with the MTHFR gene expression.



\*These statements have not been evaluated by the food and drug administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Dietary Supplement • 120 Capsules

## Supplement Facts

Serving Size: 4 Capsules

**Servings Per Container: 30**

<b>Amount Per Serving</b>		<b>% Daily Value</b>
Vitamin A (as retinyl palmitate)	1536 IU	30%
Vitamin C (as ascorbic acid)	160 mg	267%
Vitamin D (as cholecalciferol)	384 IU	96%
Vitamin E (as d-alpha tocopheryl acid succinate)	100 IU	320%
Thiamine (as thiamine mononitrate)	4.8 mg	320%
Riboflavin	3.6 mg	210%
Niacinamide	24 mg	120%
Vitamin B6 (as pyridoxine hydrochloride)	9.6 mg	480%
Methyl Folate	384 mcg	96%
Vitamin B12 (as methlcobalamin)	240 mcg	4000%
Biotin	288 mcg	96%
Pantothenic Acid (as d-calcium pantothenate)	5.8 mg	60%
Iron (as chelate)	3.7 mg	20%
Iodine (from Atlantic kelp)	54.4 mcg	36%

**Q Sciences Proprietary Nano Blend** 2,249 mg  
 Calcium chelate, Magnesium chelate, Potassium chelate, Phosphorus chelate, Copper chelate, Chromium chelate, Zinc chelate, Manganese chelate, Selenium chelate, Molybdenum chelate

**Q Sciences Proprietary Optimization Blend** 670 mg  
 Choline bitartrate, DL-phenylalanine, Citrus bioflavonoids 10%, Inositol, L-glutamine, L-methionine, Grape seed extract, Ginkgo biloba leaf extract, Germanium sesquioxide, Boron chelate, Vanadium chelate, Nickel chelate

Other Ingredients: Gelatin, Glycine, Citric acid, Vegetable fatty acids with magnesium, Tumeric root extract 5:1 (color), Mineral wax, Microcrystalline cellulose, Silicon dioxide